

This form is available online at <http://www.fedcareer.info> and meant to be used in conjunction with *Take Charge of Your Federal Career*; A Practical, Action-Oriented Career Management Workbook for Federal Employees by Dennis V. Damp

The Workbook can be ordered for \$29.95
Call 1-800-782-7424
(All major credit cards accepted)

Take a look at all of the work sheets you have completed: Work Experience, Education and Personal Activities. Considering all you have done and where you are now in your agency, list your strengths and positive attributes in each of the areas below.

OVERALL ASSESSMENT	
<i>Take a look at all of the work sheets you have completed and list your strengths and positive attributes in each of the areas below.</i>	
Skills, Knowledge and Abilities:	
Accomplishments:	
Personal Characteristics:	

Activities Performed Well:
Activities Liked:

NOTES